

## Case Study: The Primary Sports Premium - Sport Birmingham - Albert Bradbeer B31 4RD

	<h3>The Impact of 'Commando Joe' activity sessions</h3>
<p><b>Background</b></p> <p>'Commando Jo' is an ex- army officer who now works in school to promote the importance of good health and well-being through the delivery of activity sessions.</p> <p>The objectives of the sessions are: to develop resilience, team work, communication and character building skills and to increase the participation in a variety of physical activities.</p> <p>Commando Jo stated 'Each class look forward to the sessions and are motivated. There has been an improvement in the children's ability to achieve help each other to achieve.....'</p>	<p><b>Actions</b></p> <p>Every year group every three weeks receive an hour session from Commando Jo. Over the year, each year group also has the opportunity to attend after school clubs and lunch time clubs.</p> <p>Commando Jo attends school assemblies to promote British values such as Remembrance Day. He also gives out the 'Commando Bear' during weekly assemblies to the class with the highest attendance.</p>
<p><b>Miss Power (Deputy Head)</b></p> <p>Commando Joe has been a positive role model for our pupils. He provides a variety of physical and problem solving activities and the children are enthusiastic when participating in his sessions. The children loved the orienteering and map building skills.</p>	<p><b>Impact</b></p> <ul style="list-style-type: none"> <li>*development of team-building skills</li> <li>*improved concentration levels</li> <li>*increased levels of physical activity</li> <li>*introduction to a variety of activities</li> <li>*improved levels of behaviour</li> <li>* male role model</li> <li>*development of strength of character and promotion of British values</li> <li>*increased knowledge of importance of good attendance</li> <li>*improved attendance across whole school</li> <li>*increased skills and knowledge of teachers</li> </ul>
<p><b>Year 1 pupil</b></p> <p>I like working in teams and love when we do lots of exercises. My favourite lesson was crawling under the net!</p>	<p><b>How partners are supporting the school to embed and sustain the activity</b></p> <p>All teachers have the opportunity to attend sessions and develop skills and knowledge.</p> <p>The values and skills gained through the experiences of the sessions can be embedded within the pupils.</p> <p>Investigation of the opportunity to develop workshop sessions for families.</p>