



YOUR MENU Week ONE

Monday	Tuesday	Wednesday	Thursday	Friday
Breaded Cod Double Fish Finger Or Cheese Pepper Rolls Or Baguette	Italiano Pasta Bake Or Quorn Italiano Bake Or Wraps – Choice of Filling	Roast Gammon Gravy Cheese Flan Sandwiches with Various Fillings	Chicken Curry Or Quorn Curry Or Baguettes with Various Fillings	Cheese & Tomato Pizza Or Tempura Fish Wraps with Choice of Filling
Served With Herby Diced Potatoes Beans	Served With Garlic Bread Sweetcorn	Served With Roasted Potatoes New Potatoes Brussel Sprouts Broccoli Florets	Served With Naan Bread Rice Mixed Vegetables	Served With Chipped Potatoes Beans / Peas
Fresh Seasonal Salad Bar Available Every Day With Bread Baked Fresh Daily				
Selection Of Fresh Fruit & Yoghurts Available Daily				
Pineapple Upside Down Cake & Custard	Fruit Cocktail Or Yoghurt	Jelly	Cheesecake	Ice-Cream

ADDITIONAL MENU OPTIONS AVAILABLE DAILY

Vegetarian Options Available Daily.
For Any Allergen/Dietary Requirements Please Speak To The Catering Supervisor

MADE FRESH

Albert Bradbeer Prim Acad



YOUR MENU Week TWO

Monday	Tuesday	Wednesday	Thursday	Friday
Pork Sausages Or Quorn Sausage Or Baguettes with Various Fillings	Oven Baked Fish Or Macaroni Chees Or Wraps – Choice of Filling	Roast Chicken & Gravy Or Quorn Roast Or Sandwiches with Various Fillings	Sweet & Sour Chicken Or Quorn Sweet ‘n’ Sour with Egg Noodles Or Baguettes with Various Fillings	Cheese & Tomato Pizza Or Breaded Fish Goujon Or Wraps – Choice of Fillings
Served With Mash Beans Mixed Vegetables	Served With New Potatoes Garlic Bread Peas	Served With Roasted Potatoes Yorkshire Pudding Carrot & Swede	Served With Sweetcorn	Served With Chipped Potatoes Crunchy Coleslaw Beans
Fresh Seasonal Salad Bar Available Every Day With Bread Baked Fresh Daily				
Selection Of Fresh Fruit & Yoghurts Available Daily				
Flapjack Milk	Fruit Cocktail Or Mousse	Jelly Or Yoghurt	Cocoa Crunch & Custard	Ice-Cream

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Vegetarian Options Available Daily.

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MADE FRESH

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YOUR MENU Week THREE

Monday	Tuesday	Wednesday	Thursday	Friday
Lamb Burgers Or Quorn Burgers Bake Baguettes – Choice of Fillings	Omelette Or Filled Jacket Potatoes Or Wrap – Choice of Fillings	Roast Beef with Gravy Or Cheese Flan Or Sandwiches – Choice of Various Fillings	Chinese Curry Or Quorn Chinese Curry Or Baguettes – Various Fillings	Cheese & Tomato Pizza Or Tempura Fish Or Wraps – Choice of Fillings
Served with Garlic Bread Pasta Sweetcorn / Peas	Served with Hash Browns Beans	Served with Roasted Potatoes Yorkshire Pudding Cauliflower & Broccoli	Served with Rice Pitta Bread Sweetcorn	Served with Chipped Potatoes Crunchy Coleslaw
Fresh Seasonal Salad Bar Available Every Day With Bread Baked Fresh Daily				
Selection Of Fresh Fruit & Yoghurts Available Daily				
Brownie & Milk	Fruit Cocktail Or Yoghurt	Jelly	Melting Moments	Ice-Cream

ADDITIONAL MENU OPTIONS AVAILABLE DAILY

Vegetarian Options Available Daily.
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MADE FRESH

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Healthy & Balanced Menu Certificate

This is to certify that

On The 8th Of May 2018 The Spring & Summer Menu For
Albert Bradbeer Primary Academy

Has Been Assessed to be a
Nutritious, Balanced & Healthy Menu



Anna-Maria Holt BSc RD
Company Dietitian

Pelican Procurement Services, Ash House, Tanshire Park, Shackleford Road, Elstead, Surrey, GU8 6LB, 01252 705200

*Food provision has been evaluated by a registered dietitian against the food-based standards for lunches (January 2015) using menus and information as provided by the school at time of audit. Changes to menus, or additional food provision not included in the audit will invalidate this certificate.

